

The How of Now

The how of now
could drive you insane
for now eludes how
and methods bring pain.

The mocker of effort
is always at play.
Whatever you grasp at
just slips away.

Neither coming nor going
it's always just here.
If you find yourself in it
there's nothing to fear.

So let go of method
for it's not up to you.
You have what you need;
it's happening as you.