



I am a non-entity

The basic ground of my presence is undefinable, never constrained, restricted or contaminated. I am open, ungraspable, naked, ever fresh – the always already integrated empty presence.

Without change or effort this state is also the infinite richness of all possible appearances. Open and empty is not other than rich and full. This is the open field within which gestures arise: gestures of identity, of connection, of control, of limitation, of welcome, of conflict. All of samsara and nirvana is just the play of possibilities of this field of becoming.

When fear, attachment and self-cherishing arise, they are the empty radiance of the ungraspable nature. Relax and see that they go free by themselves. Identity, intention, hope, fear, lostness, despair, all are moments devoid of enduring essence. Without trying to change the experience be present as the experiencer, the source; presence inseparable from space.

I am open, I am everything, I am just this, I am nothing. Whatever is said or thought is mere play; nothing is nothing, everything is nothing, nothing is everything.

I am a non-entity. Our presence, this amazing, ungraspable facticity of awareness is also an illusion. Nothing, something, everything, anything, just this thing, nothing – these moments are not separate and other, they are the non-dual ungraspable richness of the open ground.

I am, a non-entity. I am a non-entity. I, am a non-entity. Problems are mere parsing and punctuation. Start with I am, awaken to I am, relax as I am.

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