

PSYCHOTHERAPY AND DZOGCHEN

November 2016, dates: 4th (from 7pm to 9pm), 5th (from 10am to 8pm) and 6th (from 10am to 2pm)

Place:

Kundusling, Passagte la Pau 10 BIS,
Barcelona

Price:

Normal price: € 130. Students and unemployed €90. Limited number of participants.

Reservation:

€50. In case of cancellation, 50% of the reservation charge will be returned only provided 30 days advance notice.



James Low (Milngavie, United Kingdom, 1949). He began studying and practising Tibetan Buddhism in India in the 60's and received teachings from well-known Tibetan Lamas.

He has been a disciple for more than 30 years of Chhimed Rigdzin Lama (also known as C R Lama), fourth reincarnation of Tertön Nudam Dorje Drophan Lingpa, himself a reincarnation of Khyeuchung Lotsawa, one of the closest twenty-five disciples of Guru Rimpoche (Padmasambhava). C. R. Lama asked James to teach in 1976 and later gave him the transmissions necessary to do this, together with full lineage authority. He translated many tantric texts and sadhanas with C R Lama, who wanted texts from his lineages, Byangter and Khordong, to be available in English. These are used as practice texts by C R Lama's disciples and have been translated into various European languages.

Until his recent retirement, he worked as a Consultant Psychotherapist in a National Health Service teaching hospital in London, and he still has a private psychotherapy practice.

**Enter bank: SWITCH- CAIXESBBXXX
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Transfer to Antonio Gómez (Concept: James Low 2016).

Please, send the bank receipt after making the deposit. Bookings are accepted in order of enrolment.

Contact: psicoydzog@gmail.com

“The space between and the space of the heart”

Space is a central aspect of Dzogchen Buddhist practice and, in a different way, it is also important in psychotherapy. The space between people can be experienced. As linking or dividing and the space of the heart can feel full and overwhelming or full and richly resourced and it can be experienced as empty and bleak or empty and open. We will explore how meditation can help therapist to make the most of space.