#### JAMES LOW RETREAT

# Meeting your Mind - The practice of the 21 Semdzin

Dates: May 1 -May 4, 2020
Location: Lantana Garden, Pilas, Sevilla
Avda Pío XII, nº 85
41840 Pilas, Sevilla
Spain
www.lantanagarden.com

## REGISTRATION FORM

Name			
Surname			
Address			
Postal code			
Telephone			
Email			
Menu	Vegetarian	Non-vegetarian	
Allergies			

# YOU MAY STAY AT THE HOTEL STARTING THE NIGHT OF APRIL 30TH ALL THE LISTED PRICES INCLUDE IVA (VAT - TAX)

### FULL BOARD ACCOMODATION (rate per person / day)

Single room 59.	95€	Arrival date		Departure	
Double room 46.75€		Arrival		Departure	
		date			
Double room with extra bed		Arrival		Departure	
(triple) 42.25€		date			
Please indicate the name(s) of the					
person(s) with whom you'd like to share					
the room					
NUMBER OF		AMOUNT FOR ROOM		+	
NIGHTS		AND BOARD:			
COST OF THE	50€	TOTAL AMOUNT			€
RETREAT		(including th	e retreat):		

# ROOM ONLY - no meals (rate per person / day)

Single room 37.70€	Arrival date	Departure
Double room 24.50€	Arrival	Departure
	date	
Double room with extra bed	Arrival	Departure
(triple) 20.00€	date	

Please indicate the n	ame(s) of the		
person(s) with whom you'd like to share			
the room			
NUMBER OF		AMOUNT FOR THE	€
NIGHTS		ROOM:	
COST OF THE	50€	TOTAL AMOUNT	€
RETREAT		(including the retreat):	

### ROOM AND BREAKFAST (rate per person / day)

Single room 41.95 €		Arrival date		Departure	
Double room 28.75 €		Arrival date		Departure	
Double room with extra bed		Arrival date		Departure	
(triple) 24.25 €					
Please indicate the n	ame(s) of the				
person(s) with whom you'd like to share					
the room					
NUMBER OF		AMOUNT FOR ROOM		€	
NIGHTS		AND BREAKFAST:			
COST OF THE	50€	TOTAL AMOUNT		€	
RETREAT		(including the retreat):		:	

### LUNCH ONLY with no accommodation (rate per person) 15 €

May 1st	May 2nd	May 3rd
COST OF THE	50 €	€
RETREAT		

#### **TRANSPORTATION**

We are making arrangements for chartered bus service to Lantana Garden on the morning of May 1st from the Seville Airport and from the Plaza de Armas bus station in Seville. There will also be chartered bus service after the retreat ends on May 4th from Lantana Garden to the Seville Airport and to the Plaza de Armas bus station. However, a minimum of 15 people need to sign up in order to provide the service.

#### Schedule

- o May 1st: 8:00 a.m. Seville Airport. 8:30 a.m. Estación de Autobuses Plaza de Armas, Seville
- o May 4th 1:00 p.m. Departure from Pilas to the Seville Airport and the bus station.

Tentative price: (will depend on how many people sign up for the service and will be confirmed closer to the start of the retreat): 20 €

ARRIVAL	Airport	Bus station	
DEPARTURE	Bus station	Airport	

\*Please indicate if you will be using this transportation service, whether you will be using it from the airport or from the Plaza de Armas bus station and if you will need one way or return tickets

## **FORM OF PAYMENT**

You must register and pay for the retreat no later than February 28, 2020.

# Payment by bank transfer to the following:

BANK TRIODOS BANK

IBAN ES04 1491-0001-2920-0941-9728 RECIPIENT JUAN CARLOS MORENO MILLANO

CONCEPT RETIRO JAMES LOW Y NOMBRE Y APELLIDOS