

How to be Naked

All you have and
all you see
and all you take
yourself to be –
is only clothing.

Clothing can cover or
be the display
of the radiant source
forever in play.

Open and naked
you cannot be caught,
not by self nor by other
whether seeker or sought.

Fresh, raw and simple
our state is complete
though dressing's an option
for those whom we meet.

Sweet gift of nothing
this infinite field
the buddhas' own paradox
before which we yield.

Moment by moment
we arise in new forms
clothes in strange patterns
forever unborn.

It's fine as it is
for what it is not
Thinking won't get it –
it's a joke, it's a shock.

Naked is easy
so don't do a thing.
The clothes they come freely,
just see what life brings.

So how to be naked
is not something to know;
you're always uncovered
wherever you go.

Effort is wasteful
it muddies the water.
don't try to relax,
that's really improper!

It is what it is
as it always has been;
let the clothes slip away,
they were only a dream.